

What's It Like on Retreat?

Retreats are held over several days at retreat houses nestled in peaceful, reflective locations. The retreat team actively reaches out to all people seeking and valuing spiritual truths. Together a community is built on unconditional love and trust. The experience is intended to be inspiring and moving.

Who plans & leads the retreat?

Each retreat has a team of creative volunteers who offer their time and talent to plan and implement the retreat experience. Teams may consist of lay and professional ministers of various backgrounds, people infected and affected by HIV/AIDS, physicians and other medical providers, artists, musicians, massage therapists, social workers, storytellers, and others.

What Can I Expect?

- While on retreat, participants are responsible for supplying their own medications and carrying out the instructions of their personal health care provider.
- The environment is quiet, restful and safe.
- There is zero tolerance for alcohol and drug use (excluding prescribed medications).
- The retreat is accessible to those who may need special assistance.
- Meals are provided with healthy options and alternatives for those on restricted food plans.

What is the Cost

There is no cost to the participants. This program is a gift from the community made possible through the generous donations of individuals, churches, foundations, and organizations. If it is possible for you to make a contribution or find sponsorship to attend, please send this along with your application form.

What is the Accessibility?

All retreat locations are wheelchair accessible. Assistance with transportation and child care is available. Call us to discuss availability.

Contact Transformation Retreats for—

- ◆ Additional questions about the retreat
- ◆ Information on becoming involved
- ◆ Finding a speaker to address your group or organization
- ◆ Giving opportunities

Transformation Retreats, Inc
823 Park Avenue
Richmond, VA 23220

Phone: (804) 353-0060

Fax: (804) 358-8043

Email:
info@transformationretreats.org

www.transformationretreats.org

2010 Retreat Calendar & Application

Transformation Retreats, Inc.



*SPIRITUAL SUPPORT
IN A TIME OF
HIV/AIDS*

APPLICATION
(Must be signed by the individual applying)

(please print)

Name _____

Where would you like us to mail your registration packet?

Street Address _____

City _____ State _____ Zip _____

Phone numbers where we may contact you?

Phone _____ Phone _____

Email _____

Referred by: _____ Contact Nubmer _____

Signature of Applicant _____

Do you have an individual, organization or church who is providing scholarship for you to attend the retreat?

____ Yes, full scholarship of \$250 ____ Yes, partial scholarship of \$_____

____ No, I am requesting a full scholarship to attend.

Have you attended a retreat other than a Transformation Retreat within the past year?

____ YES ____ NO Where? _____

Check the retreat you wish to attend

- March 25-28, 2010 (#136)**
Retreat for Newcomer Men & Women
- June 24-27, 2010 (#217) -**
Returning Retreat for Men & Women
A \$25 Non-Refundable application fee is required to register for the returning retreat.
- September 16-19, 2010 (#137)**
Retreat for Newcomer Men & Women

Please detach this form & mail or fax to:
Transformation Retreats, Inc.
823 Park Avenue
Richmond, VA 23220
P (804) 353-0060 F: (804) 358-8043

Transformation Retreats
2009 Calendar

Here is your opportunity to discover, or rediscover, the playful, thoughtful, creative, spiritual, and reflective part of yourself. If you live with HIV/AIDS check the calendar to find the retreat that is right for you. Join others living with the effects of HIV/AIDS on a journey to live more meaningful, informed, and complete lives.

March 25—March 28, 2010

Newcomer's Retreat

This retreat is designed for newcomers. Men & women who have never attended a four-day Transformation Retreat are welcomed to register.

June 24—June 27, 2010

Returning Retreat

\$25 non-refundable application fee required

This retreat is open to men & women who have previously attended one of our four-day Newcomer's retreats. This retreat is designed for those who want to enter more deeply into the spirituality of Transformation Retreats. Preference is given to those who have never attended the returning retreat.

September 16—September 19, 2010

Newcomer's Retreat

This retreat is designed for newcomers. Men & women who have never attended a four-day Transformation Retreat are welcomed to register.

**Transportation provided from a central location in Richmond, VA.*

Download an Application at our Website!
www.transformationretreats.org

